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# EAST PARK OLIVE LEAF EXTRACT STUDY RESULTS "d-LENOLATE"

## **Purpose**

To evaluate the efficacy of East Park d-LENOLATE in the control of symptoms of Candida Hypersensitivity Syndrome.

#### Method

Candidates for the study were obtained through advertising. Subjects identified themselves as having been treated for several years for yeast infections without success.

A double-blind, randomized placebo control study was conducted in 30 subjects for 60 days. Basal metabolic panels, complete blood counts, and Somatomedin-C levels of each subject were recorded at the beginning and completion of the study. A yeast infection questionnaire was filled out by each participant at the beginning and conclusion of the study.

Subjects took 6 capsules per day of either the d-LENOLATE or the placebo. There were no modifications to the diet or exercise programs of the participants during the study period, and no additional nutritional supplements were prescribed.

Our study was conducted from January through June of 1999.

#### Results

Virtually all of the subjects had normal blood count and basal metabolic panels. The mean score at baseline was 250. Within 60 days of taking the d-LENOLATE, symptoms were reduced by greater than 50%. The reduction of symptoms in the placebo group was significantly less than in the group taking the d-LENOLATE.

### Conclusion

East Park d-LENOLATE will reduce the symptoms of chronic yeast infections by greater than 50% within 60 days of its use with no apparent side effects. Continued use may be warranted to enhance an ongoing treatment protocol.

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